

Ocean Beach MainStreet Association November 2016 Newsletter



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OBMA Mission Statement: To promote and support local business and economic vitality in the Ocean Beach community.

BOARD OF DIRECTORS

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FARMERS MARKET STAFF

David Klaman & Community Crops Market Managers Tony, Richee, Kyle, & Evelyn

November Meeting Schedule

Nov. 1	Tues.	8:30am Design Meeting
Nov. 4	Fri.	8:30am Promo Meeting
Nov. 5	Sat.	10:00am Voltaire Corridor Volunteer Day Ocean Villa Inn, 5142 W. Point Loma Blvd.
Nov. 9	Wed.	8:30am Finance Meeting
Nov. 9	Wed.	Noon Economic Vitality Meeting
Nov. 9	Wed.	Farmers Market Hours Change 4-7pm
Nov. 10	Thurs.	Noon Board Meeting
Nov. 15	Tues.	8:30am Public Safety Meeting Mother's Saloon, 2228 Bacon St.

Note: All meetings at the OBMA office unless otherwise noted.

Have an announcement or an event you'd like in the newsletter? Send it to: info@oceanbeachsandiego.com or call 619-224-4906.

Ocean Beach Holiday Happenings

	J	* YEAK OF THE			
NOV. 8 NOV. 12, 26	OB Restaurant Walk • 5-9pm Craft Fair at Newport &	* DIER *			
NOV. 19	Abbott St. • 9am-4pm Food & toy collection boxes arrive in OB restaurants &				
NOV. 29	businesses OB Christmas Tree arrives • 11am	HULIDA ***			
NOV. 30 DEC. 1	OB Tree decorated • 9am Local kids decorate Tree w/	CELEBRATING 50 YEARS			
520.1	Santa. OB Holiday Auction at Sunshine Company. To donate auction items, email info@obtowncouncil.org. • 5:30- 9pm	· 2016 · *			
DEC. 2-16	Online voting for OB				
	Storefront Decorating				
	Contest (Facebook.com/OBMA9210	07) SEE BELOW			
DEC. 3, 10,					
17, 24	12/24), Santa at the foot of Newport Ave. • 11am-1pm				
DEC. 3	37th Annual OB Holiday Parade on Newport Ave., from Sunset Cliffs				
	Blvd. to the beach. Lighting of the OB Tree will begin the parade.				
DEC.13-16	5:05pm (OB Time) Food and Toy Drive at Masonic Hall, 1711 Sunset Cliffs Blvd. Volunteer				
	and bring a donation. • 5-9pm				
DEC. 17	Food and Toy Drive distribution to seniors and families. • 9am				
DEC. 19	Holiday Homes Decoration Contest. The best dressed 92107 holiday				
	homes will be judged. More information: (619) 316-3403. • 6pm				
FARMERS MARKET: every Wednesday: 11/2, 11/9, 11/16, 11/23, 11/30, 12/7, 12/14,					
12/21, 12/24, 12/28 (4-8pm on 11/2, changes to 4-7pm on 11/9)					

Join us on November 19 at 7am at the OBMA office to put up the holiday decorations!

STOREFRONT DECORATING CONTEST Spread holiday cheer this season by decorating your storefront!

OBMA invites you to create a festive and beautiful business district. Attract holiday shoppers, beautify OB, and compete to win great prizes!

To enter, notify OBMA of your participation by emailing isabel@oceanbeachsandiego.com BY 9 A.M. DECEMBER 2. You must let us know you wish to participate in order to have your storefront entered in People's Choice voting and to be on the list for the Judging Committee! Our photographer will be taking photos of your storefront on the morning of Friday, December 2. All photos will be posted on the Facebook album for voting at the same time. For more information, be on the lookout for your Holiday Packet info coming to you soon via email!

The 2016 ornaments are here!

\$25 each or two for \$40. We also have past year ornaments still available too! Purchase at the OBMA office or online at www.oceanbeachsandiego.com.





Community & Business News





Bulman Painting, CA Lic. #1005949

Hello Ocean Beach!

We are excited to be a part of the OB community for going on 6 years! We are so grateful for the

opportunity to serve San Diego and especially OB. Steve has been painting since the young age of 14 and Michelle is so happy to have such a knowledgeable, hardworking partner. Together we want to create a great experience for our customers. The 18 years experience Steve has acquired is paramount to the way this company is run. While we offer competitive quotes and quality craftsmanship, a great customer service experience from start to finish is a pivotal part of our work.

We specialize in both interior and exterior painting. With exteriors, we provide services such as stucco patching, wood repair, and pressure washing, to name a few. With interiors we offer drywall patching, texturing, and other services like fine finish spray jobs for kitchen cabinets. We also do stain and deck or fence refinishing. For those small jobs, we offer a



"painter for a day" option. Give us a call and let us help you beautify your home or business! 619-565-7704 www.bulmanpaintingpros.com



OB Warehouse Goose Island Bourbon County Release Party November 23, 2016

Calling all beer aficionados! Join us at OB Warehouse Wednesday, November 23rd, from 6pm-close, for our Goose Island Bourbon County Release Party. Be the first to taste this

rare exclusive beer before it's released to the public. Goose Island will also be taking over our taps with their 2013-2015 Bourbon County Brand Stout Vintages. Guests can purchase a taste, glass or flight of these unique brews. For more information, please call 619-222-1700. 4839 Newport Ave. www.ob-warehouse.com

Vignettes is proud to present **Holiday Open House** Saturday, November 12th Noon to 5:00 pm \$15.00 in advance / \$20.00 day of

In addition to the entire shop being transformed into a vintage winter wonderland filled with Parisian themed décor and accessories to inspire and delight, we're also



A day of inspiration, a feast for the senses and a benefit to support the tireless work of The Jacobs and Cushman SAN DIEGO FOOD BANK. Tickets are available at: http://weblink.donorperfect.com/Vignettes or call

858-863-5198. *Tickets apply to the fundraiser event in our back lot only, no ticket is necessary for entrance to the shop



to Award Four Homegrown Community Heroes

Next month, the local wine bar and restaurant dedicates its seventh anniversary to four communitynominated heroes who make Point Loma and Ocean Beach shine.



This year's Homegrown Community Heroes include:

- Devon Lantry, Ocean Beach resident, for trailblazing a web of
- community gardens where he works and lives in Ocean Beach. Nicole Burgess, Ocean Beach resident, for her diligent work to
- make the community a bike and pedestrian haven.
- Stasi McAteer, Ocean Beach resident, for opening her home and building relationships with everyone around her.
- Tony Jeffreys, Point Loma resident, for dedicating his life to keeping the community of Point Loma safe.

On Monday, November 7, from 6 p.m. to 8 p.m., The Wine Pub invites families, friends and pooches of its four heroes to celebrate under the stars. Guests will enjoy wine, dessert and heartfelt speeches while The Wine Pub blows out a candle in the shape of a number seven. 619-758-9325 www.thewinepubsd.com

Smedley, Gallagher & Gee,

after being located between

LLP has moved its offices Smedley, Gallagher & Gee, LLP

the Ocean Beach Post Office and the Ocean Beach Library. The new address is 1951 Cable Street, San Diego, CA 92107, on the corner of Cable Street and Santa Monica Avenue.

The local law firm was founded by Attorney Frank Owen in the early 1960s. Attorneys David B. Gee and Thomas J. Bryan joined Frank Owen in the 1980s to form Owen, Gee and Bryan, LLP. David G. Smedley and Lauren Gallagher joined the firm in 1998 and 2004, respectively, and changed the name to Smedley, Gallagher & Gee, LLP. The firm has a long history of providing personalized service and care to its clients. The firm specializes in Estate Planning and Estate Settlements. 619-223-1641



Planning a holiday get together for family, friends, or business? Nati's Mexican Restaurant (voted #1 in OB for 8 years in a row) is the perfect spot to hold your holiday luncheon. Whether dining indoors or on their patio, they can accommodate up to 50 people and their reasonably priced menu fits everyone's budget. Margaritas, cocktails, wine, and beers are available. Ask about their party menu designed

specifically for larger groups. Take-out is also available for your party at home or at your office. They have gift certificates and t-shirts too. Established in 1960 and located at 1852 Bacon Street, they are only one block away from the Ocean Beach Pier and have ample parking. 619-224-3369

The North OB Committee cordially invites you to the VOLTAIRE CORRIDOR VOLUNTEER DAY on Saturday, November 5th! Meet at 10 a.m. at Ocean Villa Inn, 5142 West Point Loma Blvd. Show your community pride and help clean up North OB. Unwind afterwards at Mike Hess Brewing! Please RSVP by calling 619-224-4906 or emailing isabel@oceanbeachsandiego.com.



Community & Business News



OB Oktoberfest 2016

Thank you to all who volunteered and participated in this year's fun Oktoberfest! Thanks to Troy Orem for the photos.





Tickets are \$25 and available at: Dog Beach Dog Wash, Lucy's Tavern, Sunshine Company, Bone Appetit, OB MainStreet Association, OB Farmers Market, SD Bay Flower Co./Thistle

Small Business Saturday

As a Neighborhood Champion, OBMA is proud to support Small Business Saturday[®] and help make it a success for our community. This year, even more resources are available for your business to help you feel more love from shoppers on **Nov. 26**.



Learn more and get FREE custom downloadable marketing materials and other tools at **ShopSmall.com/GetInvolved.**

We will be receiving promotional materials from Shop Small in early November. Be on the lookout for an email from us when they are available!

The Ocean Beach MainStreet Association is beginning work on the

2017-2018 OB Local Business Directory. All OBMA member businesses receive free listings in the directory; the OBMA Promotions Committee will be delivering informational packets to all members in good standing within the next month. Opportunities to advertise inside the directory and/or offer a coupon are available. Special advertising pages in the directory, such as the covers



and first and last pages, will be chosen by lottery. If you're unsure of your business's membership status, please contact the OBMA office at 619-224-4906 or info@oceanbeachsandiego.com. Otherwise, be on the lookout for your information packet arriving soon!

Congratulations to our members who were honored in the Best of San Diego from CityBeat! Check out the winners at www.sdcitybeat.com/flex-291-Best-of-2016.html

New Members/Member Changes

Reset Mind and Body - New 619-245-4542 4967 Newport Ave., Ste. 10 92107 www.resetmindbody.com

92107 www.resetmindbody.com Sensory Deprivation, Health & Wellness, Holistic Health Services

Olive Branch Chiropractic - New Dr. Courtney Meltvedt D.C. 619-992-5592 4967 Newport Ave., Ste. 13 askthedoc@olivebranchchiropractic.com www.olivebranchchiropractic.com Chiropractic, Health & Wellness, Physician Bulman Painting - New 619-565-7704 bulmanpainting@gmail.com www.bulmanpaintingpros.com Painters, Painting Contractors, Construction

OB One Church - New Email 619-223-7187 4790 Santa Monica Ave. ob1@ob1church.com ww.ob1church.com *Church*

Smedley, Gallagher & Gee, LLP 619-223-1641 1951 Cable St. www.sgg-law.com Attorneys, Legal Services

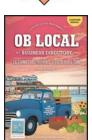
Let us know when you have any changes. Email susan@oceanbeachsandiego.com or call 619-224-4906.



Ocean Beach MainStreet Association

PO Box 7990, San Diego, CA 92167 Office: 1868 Bacon Street, Suite A San Diego, CA 92107 619-224-4906, Fax 619-224-4976

www.OceanBeachSanDiego.com Email: info@OceanBeachSanDiego.com Ocean Beach MainStreet Association is partially funded by the City of San Diego Small Business Enhancement Program





Ocean Beach





Thanksgiving is November 24th. Have a great one!

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Inserts: Reset Mind and Body and Tami Fuller's Real Estate Team



Advertise on our website!

Ads are only \$450 for small ad and \$600 for large ad — for 6 months! Give us a call or email today. We can even

create the ad for you. 619-224-4906 susan@oceanbeachsandiego.com

The OBMA awards dinner will be Jan. 26, **2017.** Mark your calendars!

OceanBeachSanDiego.com

The Ocean Beach Town Council honored many of our members at the 2016 **OBIE** Awards. Congratulations!

- Dave Martin Lifetime Achievement Award
- Julie Klein OB Citizen of the Year

Pam Komo, Sunshine Company Saloon – Community Partner Award

Keely Belding, Teeter – Cultural Contribution

OB People's Organic Food Market – Greening OB

Carter Moss, Newbreak Church – Community Renewal Partner

The Holding Company, Steve Yeng – Humanitarian Service

Many thanks to the OB Town Council for a great event. Huge thanks to Roy Lathers, GM of Wonderland, and his staff for an excellent dinner.



New Ocean Beach Town Council Board members were also sworn in for 2017. Congratulations to everyone!

World's only NSF 50 & UL 1795 certified Isolation Floatation systems approved for commercial use.

NSF

\$50 for 90 minutes

MIND • BODY • SOUL

ЯESET

FLOAT THERAPY

4967 NEWPORT AVENUE, STE 10 OCEAN BEACH, CA 92107 619-245-4542

What is Sensory Deprivation Float Therapy?

Float Therapy is the process of depriving all senses by floating effortlessly in a light and sound free environment. Our tank contains 12 inches of body temperature purified water, and 1,000 lbs of dissolved Epsom Salt. Without the influence of gravity and distraction, the body and mind can fully relax, let go, and reset.

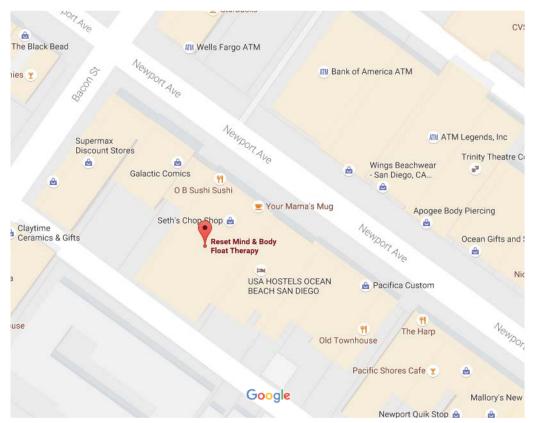
Mental Benefits

- -Access Deeper Meditative State
- -Reduce Symptoms of Depression and Anxiety
- -Improve Creativity
- -Reduce Stress
- -Treat Addiction
- -Enhanced Ability to Focus

Physical Benefits

- -Total & Complete Relaxation
- -Improve Sleep
- -Relax Muscles
- -Reduce Chronic Pain
- -Improve Pregnancy Symptoms
- -Improve Joint Mobility

CHECK OUT OUR WEBSITE AT <u>WWW.RESETMINDBODY.COM</u> FOR MORE INFO



Helpful Tips For 1st Time Floaters

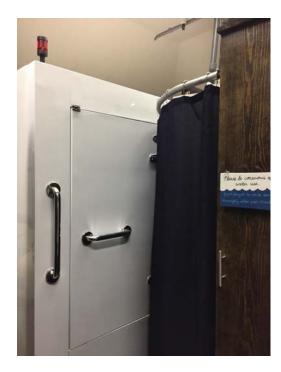
• Arrive 15 minutes before your appointment

• Avoid caffeine and nicotine before your float

•We suggest eating a light meal 2 hrs before your float

- •Be hydrated
- •Do not shave 24 hrs
- before the float

We provide towels, earplugs, soap, shampoo, conditioner and lotion. *all soaps and lotions are organic





Check out our Facebook & Instagram @resetmindbody THE TAMI FULLER Real estate team's 17th annual

TOYS FOR TOTS

DNATION DRIVE

Please help us brighten this holiday season for less fortunate children by donating to our toy drive. All new toys collected will be donated to the United States Marine Corps Reserve's Toys for Tots program. *–Tami Fuller*

> *Please drop all toys at:* Ascent Real Estate 2468 Historic Decatur Rd., Ste 150 San Diego, CA 92106 *9am-5pm, Mon-Fri*

DECEMBER 1ST - 9TH

For more info please contact:

619.226.TAMI (8264) | Tami@TamiFuller.com WWW.TAMIFULLER.COM

TAMI FULLER Cal BRE# 01000767

Tami Fuller's Team

I have over 28 years of experience in San Diego real estate. Let me show you how I can put my experience, training and market knowledge to work for you! -Tami



Our Sales in 2016

1020 Prospect St 1021 Scott St #108 1021 Scott St #162 1124 Eureka St #33 1124 Eureka St #35 1127 Thomas Ave #12 11935 Bajada Rd 1210-1218 Pennsylvania Ave 1502 Garrison Place 1522 Morse St 1544 Sunset Cliffs Blvd 1618 Grove Ave 166 Montebello St 1844 Capistrano St 1954 Locust St 2031 Venice St 2060 Emerald St 2085 Ebers St 2086 Willis Rd 2111 Historic Decatur Rd 2111 Spray St #5 2128 Bacon St 2191 Catalina Blvd 2284 Caminito Pajarito #170 2302 Chatsworth Blvd 2670 Worden St #17 2701 2nd Ave #306

3050 Rue D'Orleans #413 3050 Rue D'Orleans #420 3050 Rue D'Orleans #435 3050 Rue D'Orleans #498 3050 Rue D'Orleans #499 3098 Rue D'Orleans #206 3104 Hugo St 3135 Carleton St 3142 Midway Dr #B311 3146b Cabrillo Bay Ln 3225 Newell St #2 3238 Browning St 3316 Freeman St 3334 Sterne St 3412 Russell St 3434 Sterne St 3441 Addison St 3511 Fenelon St 3543 Hartzel Crest Dr 3547 Sterne St 3625 Curtis St 3753 James St 3811 Basilone St #3 3858 Caminito Litoral #193 4012 Valeta St #297 4058 Loma Riviera Circle 4062 Valeta St #338

4170 Via Candidiz #190 4437 Mentone St #6 4470 Cherokee Ave 4477 Mentone St #203 4510 Greene St 4545 Tivoli St 4669 Santa Cruz Ave 4911 Narragansett Ave 5011 Ducos Place 5015 Cape May #108 5046 Bianca Ave 5075 Narragansett Ave #212 550 15th St #601 550 Camino De La Reina #108 6351 Caminito Marcial 645 Front St #2004 650 Columbia St #217 6847 Avenida Andorra 700 W E St #1802 705 Vista Way 7317 Alicante #D 7832 Inception Way 840 Turquoise St #110 876 Thomas Ave 9215 Huntington Ave 9720 Lake Helix Terrace



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